

3.3.6

Does your university as a body have a "smoke-free" policy?

Samarkand State University's Policy on smoking was designed in 2018 and reviewed in 2021 for securing a healthy lifestyle and safe environment for students and employees. Samarkand State University is dedicated to proceeding for good health and societal well-being of people not only for local inhabitants but also for world communities. Therefore, University is also expanding its teaching and research ecosystem to assist world communities in achieving better health and well-being. Promoting a healthy and safe environment is mandatory for the personal, professional and academic development of students, faculty, staff and the communities.

In order to get a smoke-free environment, the university does not allow to all its students, staff and visitors to smoke within the university-owned campuses and areas. In addition, it also safeguards people from getting exposed to second-hand smoke.

Samarkand State University implemented a "Smoke-free" policy in 2018. According to this policy, the university does not allow anyone to use tobacco products in university owned buildings or leased buildings.

Purpose:

- Primary objective of this policy is to create a safe and hygienic environment that is suitable for the health and well-being of all stakeholders.
- It endorses the university's commitment to healthy and safe communities all around the world.
- University is committed to reducing the use of tobacco all across the campus.
- University has its own infrastructure to cease tobacco products and provide necessary counseling as per need to addicts.
- University is also committed to promoting awareness about the detrimental impact of tobacco products on the health of people.

Scope:

This Policy applies to all Members of the University Community (“Community Members”). Community Members include, but are not limited to: students (graduate, undergraduate, and continuing education), staff, faculty, postdoctoral fellows, adjunct professors, visiting professors, sessional faculty, teaching assistants, clinical faculty, librarians, medical residents, volunteers, visitors, observers, contractors, and institutional administrators and officials representing University.

Definitions:

Smoking: Inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs (water-pipe) and cannabis, whether natural or synthetic, in any manner or in any form. Smoking also includes the use of an electronic smoking device that creates an aerosol or vapor, in any manner or in any form, or the use of any oral smoking device. This definition does not include emissions from University approved-for- use equipment, e.g. smoke machines, approved pyrotechnics.

Tobacco Product(s): Any substance containing tobacco leaf, including but not limited to, cigarettes, cigars, pipes, hookah (waterpipe), shisha, snuff, chew, dip, bidis, blunts, clove cigarettes, or any other preparation of tobacco.

Electronic Smoking Device(s): Any product containing or delivering nicotine or any other substance intended for human consumption that can be used by a person in any manner for the purpose of inhaling vapor or aerosol from the product. The term includes any such device, whether manufactured, distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, e-hookah, or vape pen, or under any other product name or descriptor.

Vehicle: Any and all modes used for transporting people or goods, such as a car, golf cart, truck, bus.

Applications:

Smoking and the use of tobacco products is prohibited in any vehicle, whether a personal vehicle or University owned vehicle, while on University property. Smoking and using tobacco products in University owned vehicles is prohibited at all times on or off University Property.

The use of nicotine replacement therapy products, e.g. patches, for use in treating nicotine or tobacco dependence are permitted by the Policy.

Those smoking or using tobacco products in areas surrounding the University are expected to avoid littering, and to respect municipal by-laws and provincial legislation. They are asked to be considerate of neighboring residents, businesses, and institutions.

Accountability and Enforcement:

Reasonable care and diligence shall be exercised to prevent contravention of this Policy.

The University has identified roles and responsibilities as follows:

- a) **Vice-Rector for Youth Affairs and Spiritual Enlightenment** is responsible:
 - I) for ensuring that the parties or party responsible for the day-to-day implementation and enforcement of this Policy fulfill those responsibilities accordingly; and
 - II) for monitoring this Policy and for ensuring compliance.
- b) **Managers** will ensure their employees are notified of the Policy, provide the resources and support necessary to ensure compliance with this Policy, and take appropriate administrative action for non-compliance with the Policy. They will also provide direction to cessation support services when requested by employees.
- c) **all departments** that engage in drafting and executing contracts are responsible for ensuring that their contracts for third-party work (contractors) on University property clearly state that the University is tobacco and smoke-free. The Office

of Legal Services can assist with drafting and negotiating the proper contract language.

- d) **Community Members** are responsible to be in compliance with this Policy and are encouraged to communicate this Policy to other Community Members. The success of this policy is dependent upon the courtesy, respect, and cooperation of Community Members, not only to comply but to continue to encourage the compliance of others.
- e) **Facility Services will:**
 - I) post and maintain appropriate signs throughout the University. The type and location of signs shall comply with legislative mandates and the goals of the Policy. Requests for additional signage will be considered and addressed as appropriate;
 - II) provide adequate waste receptacles for areas on the perimeter of University Property;
 - III) monitor and remove smoking-related refuse found on University Property; and
- f) **Student Affairs** will ensure health promotion efforts are undertaken with respect to cessation and support for students. They will also provide direction to cessation support services when requested by students.
- g) **Human Resources Services** will ensure health promotion efforts are undertaken with respect to cessation and support for employee groups. They will also provide direction to cessation support services when requested by staff and faculty. They will also enforce the Policy where appropriate in accordance with established disciplinary policies and procedures and by the terms of existing contracts of employment or collective agreements, where applicable.

Supports

The University will undertake education efforts related to smoking cessation in partnership with Samarkand Regional Department of Health, as appropriate. To assist faculty, staff and students who wish to reduce or stop use of tobacco products, the University will offer nicotine replacement therapy and other cessation support.