



## SAMARKAND STATE UNIVERSITY NAMED AFTER SHAROF RASHIDOV

### **SMOKE-FREE POLICY**

The goal of Samarkand State University's smoking policy is to ensure a safe and healthy environment for both staff and students. It was created in 2018 and reviewed in 2022.

Samarkand State University is committed to promoting people's health and social well-being for both local residents and global society at large. Consequently, in order to help people throughout the world achieve greater health and well-being, the university is also growing its ecosystem for teaching and research. Encouraging a safe and healthy environment is essential for the academic, professional, and personal growth of communities, teachers, staff, and students.

The university forbids smoking on all of its campuses and property, including spaces owned by staff, visitors, and students, in order to maintain a smoke-free atmosphere. Furthermore, it protects individuals from being in close proximity to secondhand smoke.

2018 saw the implementation of a "Smoke-free" policy at Samarkand State University. This policy prohibits the use of tobacco products by anybody on university property, whether it is owned or leased.

#### **Purpose:**

- The primary objective of this policy is to create a safe and hygienic environment that is suitable for the health and well-being of all stakeholders.
- It endorses the university's commitment to healthy and safe communities all around the world.

- The university is committed to reducing the use of tobacco all across the campus.
- The university has its own infrastructure to cease tobacco products and provide necessary counseling as per need to addicts.
- The university is also committed to promoting awareness about the detrimental impact of tobacco products on the health of people.

**Scope:**

This Policy applies to all Members of the University Community (“Community Members”). Community Members include but are not limited to: students (graduate, undergraduate, and continuing education), staff, faculty, postdoctoral fellows, adjunct professors, visiting professors, sessional faculty, teaching assistants, clinical faculty, librarians, medical residents, volunteers, visitors, observers, contractors, and institutional administrators and officials representing University.

**Definitions:**

**Smoking:** Inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, pipe, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs (water-pipe) and cannabis, whether natural or synthetic, in any manner or in any form. Smoking also includes the use of an electronic smoking device that creates an aerosol or vapor, in any manner or in any form, or the use of any oral smoking device. This definition does not include emissions from University approved-for- use equipment, e.g. smoke machines, and approved pyrotechnics.

**Tobacco Product(s):** Any substance containing tobacco leaf, including but not limited to, cigarettes, cigars, pipes, hookah (waterpipe), shisha, snuff, chew, dip, bidis, blunts, clove cigarettes, or any other preparation of tobacco.

**Electronic Smoking Device(s):** Any product containing or delivering nicotine or any other substance intended for human consumption that can be used by a person in any manner for the purpose of inhaling vapor or aerosol from the product. The term includes

any such device, whether manufactured, distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, e-hookah, or vape pen, or under any other product name or descriptor.

**Vehicle:** Any and all modes used for transporting people or goods, such as a car, golf cart, truck, and bus.

**Applications:**

Smoking and the use of tobacco products is prohibited in any vehicle, whether a personal vehicle or University owned vehicle, while on University property. Smoking and using tobacco products in University-owned vehicles is prohibited at all times on or off University Property.

The use of nicotine replacement therapy products, e.g. patches, for use in treating nicotine or tobacco dependence is permitted by the Policy.

Those smoking or using tobacco products in areas surrounding the University are expected to avoid littering and to respect municipal by-laws and provincial legislation. They are asked to be considerate of neighboring residents, businesses, and institutions.

**Accountability and Enforcement:**

Reasonable care and diligence shall be exercised to prevent contravention of this Policy.

The University has identified roles and responsibilities as follows:

- a) **The Vice-Rector for Youth Affairs and Spiritual Enlightenment** is responsible:
  - I) for ensuring that the parties or party responsible for the day-to-day implementation and enforcement of this Policy fulfill those responsibilities accordingly; and
  - II) for monitoring this Policy and for ensuring compliance.
- b) **Managers** will ensure their employees are notified of the Policy, provide the resources and support necessary to ensure compliance with this Policy and take appropriate administrative action for non-compliance with the Policy. They will

also provide direction to cessation support services when requested by employees.

- c) **all departments** that engage in drafting and executing contracts are responsible for ensuring that their contracts for third-party work (contractors) on University property clearly state that the University is tobacco and smoke-free. The Office of Legal Services can assist with drafting and negotiating the proper contract language.
- d) **Community Members** are responsible to be in compliance with this Policy and are encouraged to communicate this Policy to other Community Members. The success of this policy is dependent upon the courtesy, respect, and cooperation of Community Members, not only to comply but to continue to encourage the compliance of others.
- e) **Facility Services will:**
  - I) post and maintain appropriate signs throughout the University. The type and location of signs shall comply with legislative mandates and the goals of the Policy. Requests for additional signage will be considered and addressed as appropriate;
  - II) provide adequate waste receptacles for areas on the perimeter of University Property;
  - III) monitor and remove smoking-related refuse found on University Property; and
- f) **Student Affairs** will ensure health promotion efforts are undertaken with respect to cessation and support for students. They will also provide direction to cessation support services when requested by students.
- g) **Human Resources Services** will ensure health promotion efforts are undertaken with respect to cessation and support for employee groups. They will also provide direction to cessation support services when requested by staff and

faculty. They will also enforce the Policy where appropriate in accordance with established disciplinary policies and procedures and by the terms of existing contracts of employment or collective agreements, where applicable.

### **Supports**

The University will undertake education efforts related to smoking cessation in partnership with the Samarkand Regional Department of Health, as appropriate. To assist faculty, staff, and students who wish to reduce or stop the use of tobacco products, the University will offer nicotine replacement therapy and other cessation support.

Signed by

Director, Transformation office

Vice-Rector Scientific Works & Innovation

Vice-Rector, International Cooperation

Vice-Rector, Academic Affairs

Vice-Rector, Spiritual Affairs

Rector

Samarkand State University named after Sharof Rashidov

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